



Please read this leaflet before you start taking Relivan[®]. It contains important information about your medicine. If there is anything you do not understand or if you have any other questions, please ask your doctor.

Composition

Relivan[®] is a brand of co-proxamol. Its active ingredients are dextropropoxyphene hydrochloride and paracetamol. Each white, pillow-shaped tablet contains 32.5 mg dextropropoxyphene hydrochloride and 325 mg paracetamol. The tablets also contain the inactive ingredients maize starch and magnesium stearate, and are coated with hydroxypropyl methylcellulose 15, glycerine and titanium dioxide.

Activity and Indications

Relivan[®] is one of a group of medicines called analgesics that help to ease pain. Relivan[®] is given to help reduce mild to moderate pain.

Posology and Administration

- Always follow your doctor's or pharmacist's instructions.
- Usual dose: 2 tablets three or four times a day or as directed by your doctor.
- Do not take more than 8 tablets in 24 hours. If you are elderly, or if you have liver or kidney problems, you may need to take fewer.
- Swallow the tablets with a drink of water.
- If you miss a dose, take another dose as soon as you can. Then go on as before. Never double up on the next dose to make up for the one missed.
- You can become addicted to these tablets if you take too many for a long time. Follow your doctor's instructions.

Overdosage

If you, or anyone else, ever take too many Relivan[®] tablets, go to the nearest hospital or visit your doctor straight away. An overdose can damage your liver or cause coma, convulsions or death. You should get immediate medical advice in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage.

Warning and Precautions

Tell your doctor or pharmacist if you:

- Are allergic to this or any other pain-killing medicine.
- Are pregnant or breast-feeding.
- Have liver or kidney problems.
- Drink alcohol.
- Suffer from depression or any other psychiatric illness.
- Take any other medicine, especially 'blood thinner' medicine (such as warfarin), antidepressants or drugs for epilepsy.

Do not drive or use machinery if you feel sleepy.

Do not give Relivan[®] to children.

Do not drink alcohol while taking Relivan[®].

If you take drugs such as antihistamines, tranquilizers or sleeping tablets when you are taking Relivan[®] you may become extremely sleepy.

Relivan[®] on its own makes some people very sleepy, especially when they first start taking it.

Side effects

Relivan[®] tablets may cause side effects. These include feeling dizzy or tired, feeling sick and vomiting. They will often go away if you lie down. Tell your doctor if they are troublesome.

Very occasionally, Relivan[®] may give you a rash, headache or stomachache. It might also make you constipated or moody, or give you problems with your sight, hallucinations or jaundice. If you have these or any other ill effects that are troublesome, tell your doctor.

Storage conditions

Store in a dry place below 30°C, protected from light. Do not refrigerate.

Presentation

Tablets in blister pack of 20's.

Do not use after expiry date.

This is a medicament

- A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed.
- Do not repeat the same prescription without consulting your doctor.

Keep medicament out of reach of children.

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